

November Menu



Sun

Mon


Tue

Wed

Thu

Fri

Sat

					1 Ham sandwich (*WG), oranges, chips and ice cream	2
3	4 Spaghetti (*WG), green beans, pineapple, & cookie	5 Chicken nuggets, smiley face fries, carrots, apples & cookie	6 Pizza, corn, applesauce, & Cookie	7 Fish sticks, pasta, grapes, *veggie salad & cookie	8 Turkey sandwich (*WG), oranges, chips & ice cream	9
10	11 	12 Chicken Nuggets, yogurt, strawberries, roll, & cookie	13 Pizza, corn, applesauce, & Cookie	14 Ham, pasta (*WG), *veggie salad, pineapple, & cookie	15 chicken sandwich (*WG), oranges, chips & ice cream	16
17	18 Mac & cheese (*WG), green beans, pineapple, & cookie	19 chicken nuggets, smiley face fries, carrots, & strawberries & cookie	20 Pizza, corn, applesauce, & Cookie	21 Turkey, pasta (*WG), fruit, *veggie salad, & cookie	22 Ham sandwich (*WG), oranges, chips and ice cream	23
24	25 Lil sausages, waffles, oranges & Cookie	26 Chicken Nuggets, yogurt, strawberries, roll, & cookie	27	28	29	30 *WG=Whole Grain *Veggie Salad=beans, carrots, lettuce, peas & cucumber

HAPPY THANKSGIVING