

October Menu

Sun

Mon

Tue

Wed

Thu

Fri

Sat

			1 Pizza, Corn, Applesauce & Cookie	2 Fish sticks, pasta, apples, butter peas & cookie	3 Turkey sandwich (*WG), oranges, chips & ice cream	4
5	6 Spaghetti (*WG), green beans, pineapple, & cookie	7 Chicken nuggets, smile potatoes, carrots, & strawberries & cookie	8 Pizza, Corn, Applesauce & Cookie	9 Turkey, pasta (*WG), apples, carrots & cookie	10 Ham sandwich, oranges, chips & icecream	11
12	13 Hamburger patties, potato fries, green beans, pineapple, & cookie	14 chicken nuggets, yogurt, rolls, & strawberries & cookie	15 Pizza, Corn, Applesauce & Cookie	16 Ham, pasta, apples, butter peas & cookie	17 Turkey sandwich (*WG), oranges, chips & ice cream	18
19	20 Ham, cheese, roll, yogurt, fruit, *WG chips & cookie	21 Chicken nuggets, smile potatoes, carrots, & strawberries & cookie	22 Pizza, Corn, Applesauce & Cookie	23 Fish sticks, pasta, apples, butter peas & cookie	24 Ham sandwich, oranges, chips & icecream	25
26	27 Mac & cheese, green beams, pineapple, & cookie	28 chicken nuggets, yogurt, rolls, & strawberries & cookie	29 Pizza, Corn, Applesauce & Cookie	30 Ham, pasta, apples, butter peas & cookie	31 Turkey sandwich (*WG), oranges, chips & ice cream	*WG=Whole Grain